

## Parkinson's Disease Specific Anxiety Inventory (PDSAI)

### Category

Social & Behavioural Sciences

Clinical & Research Tools

**A tool to capture and define triggers of anxiety in Parkinson's disease.**

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**A tool to capture and define triggers of anxiety in Parkinson's disease.**

Anxiety disorders are common in Parkinson's disease.<sup>1</sup>

Research suggests nearly one third of people living with Parkinson's disease have an anxiety disorder, which is four times greater than the general public.<sup>2</sup>

Factors triggering anxiety in people with Parkinson's are often unique, and are not captured by traditional anxiety scales.<sup>3</sup>

The Parkinson's Disease Specific Anxiety Inventory (PDSAI) is the first validated screening tool to capture these triggers.<sup>4</sup>

Use of the PDSAI is intended for health professionals for more precise targeting of anxiety treatment in people with Parkinson's disease. It is also intended for researchers as an outcome measure for treatment efficacy in clinical trials.

The PDSAI is a 40-item yes/no self-report questionnaire.

It is time friendly, with an estimated completion time of 10-15 minutes.

The PDSAI was developed and validated by a clinician-researcher team with expertise in Parkinson's disease anxiety. Design input was also received from people living with Parkinson's disease.

It has been shown to correlate well with other clinical scales of anxiety such as the Parkinson's Anxiety Scale (PAS), and the Hamilton Anxiety Scale (HAM-A).<sup>4</sup>

At this time, the PDSAI is available only in English.

## References

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